*In the 3<sup>nd</sup> Sorrowful Mystery, we read and we meditate undisturbed:* 



(09 - Sr. E.M.T.)

# *"Jesus Crowned"* with Thorns"...

## FROM THE GOSPEL ACCORDING TO - MARK -:

"[After Jesus was handed over out of envy – cf. Mark 15:10,] the soldiers led him away inside the palace, that is, the praetorium, and assembled the whole cohort. They clothed him in purple and, weaving a crown of thorns, placed it on him. They began to salute him with, 'Hail, King of the Jews!'" (Mark 15:16-18)<sup>1</sup>

### **MEDITATION ON THE MYSTERY:**

Lord, give us the grace to put up with everything and everyone patiently, especially those who are envious of the graces given to others. This kind of envy is a nasty and dangerous beast – which, if it isn't dealt with in time, can even become a sin against the Holy Spirit. (cf. SLC, pp. 309-310)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

In regards to competing for the crown but without envy, St. Gregory Nazianzen describes his friendship with St. Basil the Great: "The same hope inspired us: the pursuit of learning. This is an ambition especially subject to envy. Yet between us there was no envy. On the contrary, we made capital out of our rivalry. Our rivalry consisted, not in seeking the first place for oneself but in yielding it to the other, for we each looked on the other's success as his own [cf. Wis 7:13].

(GREGORY NAZIANZEN, in: Off. of Read., 2 January)

<sup>1</sup> NABRE (USCCB)

#### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

Then follows ...

- 1 Our Father ...
- 5 Hail Mary
- 1 Glory be to the Father ... (Sung)

Praised be,,,O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveceee, Aveceee, Ave Maria ...."

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...